



**2023-24 Winter Sports Weekly Athletic Schedule
(12-4 to 12-9)**

Date	Team	Event	Location	Time	Bus
Monday, 12/4					
	Alpine Ski	OFF			
	Boys V BB	Practice	Darling Center	3:30-5:30pm	
	Boys JV BB	Practice	Darling Center	2-3:30pm	
	Boys JV 2 BB	Practice	Darling Center	2-3:30pm	
	Cheer	Practice	John Bapst Gym	3-5pm	
	Girls Varsity BB	Practice	Darling Center—Fit/Gym	6:30-7pm/7-8:30pm	
	Girls JV BB	Practice	Darling Center	5:30-7pm	
	Ice Hockey	Practice	Sawyer Arena	4:25-5:40pm	
	Indoor Track	Practice	John Bapst Gym/DC Fit	2-3pm	
	Swim	Practice	Bangor Y	2:45-4:15pm	2:15/4:15pm Mini
	Dive	Practice	Husson	6:30-8:30pm	
	Wrestling	Practice	Hampden Grange	5:30-7:30pm	
Tuesday, 12/5					
	Alpine Ski	Dryland	Darling Center—Fit	2:30-4pm	
ATHLETIC	Boys V BB	EXHIBITION	BANGOR	6:30PM	
PHOTOS	Boys JV BB	Practice	Darling Center	2-4pm	
JOHN BAPST	Boys JV 2 BB	Practice	Darling Center	2-4pm	
FOYER	Cheer	Practice	John Bapst Gym	2:30-5pm	
IIAM-IPM	Girls Varsity BB	Practice	Darling Center	5:30-7:30pm	
	Girls JV BB	Practice	Darling Center	4-5:30pm	
(See Weekly	Ice Hockey	Practice	Sawyer Arena	4:25-5:40pm	
Memo for digital	Indoor Track	Practice	UMaine	6-7:30pm	5:30/7:30pm
Picture form)	Swim	Practice	Bangor Y	2:45-4:15pm	2:15/4:15pm Mini
	Dive	Practice	Husson	6:30-8:30pm	
	Wrestling	Practice	Hampden Grange	5:30-7:30pm	
Wednesday, 12/6					
	Alpine Ski	Dryland	Darling Center Fit	3:15-4:45pm	
	Boys V BB	Practice	Darling Center	3:30-5:30pm	
	Boys JV BB	Practice	Darling Center	2-3:30pm	
	Boys JV 2 BB	Practice	Darling Center	2-3:30pm	
	Cheer	Practice	John Bapst Gym	3-5pm	
	Girls Varsity BB	Practice	Darling Center—Fit/Gym	4:45-5:30pm/5:30-6:45pm	
	Girls JV BB	Practice	Darling Center	6:45-8pm	
	Ice Hockey	Practice	Sawyer Arena	4:25-5:40pm	
	Indoor Track	Practice	John Bapst Gym/DC Fit	2-3pm	
	Swim	Practice	Bangor Y	2:45-4:15pm	2:15/4:15pm Mini
	Dive	Practice	Husson	6:30-8:30pm	
	Wrestling	Practice	Hampden Grange	5:30-7:30pm	
Thursday, 12/7					
	Alpine Ski	Dryland	Darling Center Fit	3:15-4:45pm	
	Boys V BB	Practice	Darling Center	3:30-5:30pm	
	Boys JV BB	Practice	Darling Center	2-3:30pm	
	Boys JV 2 BB	Practice	Darling Center	2-3:30pm	
	Cheer	Practice	John Bapst Gym	2:30-5pm	
	Girls Varsity BB	Practice	Darling Center—Fit/Gym	6:30-7pm/7-8:30pm	
	Girls JV BB	Practice	Darling Center	5:30-7pm	
	Ice Hockey	Practice	Sawyer Arena	4:25-5:40pm	
	Indoor Track	Practice	UMaine	6-7:30pm	5:30/7:30pm
	Swim	Practice	Bangor Y	2:45-4:15pm	2:15/4:15pm Mini
	Dive	Practice	Husson	6:30-8:30pm	
	Wrestling	Practice	Hampden Grange	5:30-7:30pm	



2023-24 Winter Sports Weekly Athletic Schedule
(12-4 to 12-9)

Friday, 12/8					
	Alpine Ski	OFF			
	Boys V BB	GAME	Cross Center	8pm	
	Boys JV BB	GAME	Cross Center	5pm	
	Boys JV 2 BB	Practice	Darling Center Gym	2-4pm	
	Cheer	Practice	John Bapst Gym	2:30-5pm	
	Girls Varsity BB	GAME	Cross Center	6:30pm	
	Girls JV BB	GAME	Cross Center	3:30pm	2:45pm (Mini Bus)
	Ice Hockey	Practice	Sawyer Arena	3:30-5pm	
	Indoor Track	OFF			
	Swim	MEET	BANGOR Y (@ BREWER)	5:30/6PM	
	Dive	MEET	BANGOR Y (@ BREWER)	5:30/6PM	
	Wrestling	Practice	Hampden Grange	5:30-7:30pm	
Saturday, 12/9					
	Alpine Ski	OFF			
	Boys V BB	Practice	Darling Center	9-11am	
	Boys JV BB	Practice	Darling Center	11am-1pm	
	Boys JV 2 BB	Practice	Darling Center	11am-1pm	
	Cheer	OFF			
	Girls Varsity BB	Practice	Darling Center	1-5pm	
	Girls JV BB	Practice	Darling Center	1-5pm	
	Ice Hockey	OFF			
	Indoor Track	TBD			
	Swim	OFF			
	Dive	OFF			
	Wrestling	MEET	BUCKSPORT	8AM WEIGH/9:30AM	7AM/RET (BHS)