



2023-2024 Winter Athletics – First Activity

Alpine Skiing

Bill Dwyer, Head Coach

bdwyer@johnbapst.org

First Activity:

Tuesday, November 27 3:15-4:45 p.m.

Darling Center Fitness Center

What to bring: sneakers, workout clothes, water bottle

Athlete/Parent Meeting: Monday, November 27 7 p.m.

Ice Hockey

Devin Fitzpatrick, Head Coach

mfitzpatrick@johnbapst.org

First Activity:

Monday, November 20, 4-5:30 p.m.

Sawyer Arena

What to bring: Helmet, hockey gear, mouth guard, skates, water bottle

Athlete/Parent Meeting: Wednesday, 11/29 6 p.m.

Boys Basketball

Chris Bryant, Head Coach

cbryant@johnbapst.org

First Activity:

Monday, November 20 4-6 p.m.

Darling Center Gym

What to bring: sneakers, workout clothes, water bottle

Athlete/Parent Meeting: Time and Date, TBD.

Indoor Track

Angel Nelligan, Jacob Maddaus, Co-Head Coaches

anelligan@johnbapst.org,

jmaddaus@johnbapst.org

First Activity:

Tuesday, November 28 2-3:15 p.m.

Darling Center Fitness Center

What to bring: sneakers, workout clothes, water bottle

Athlete/Parent Meeting: Monday, November 27 6 p.m.

Competition Cheer

Alyssa Oliver, Head Coach

aoliver@johnbapst.org

First Activity:

Monday, November 20 3-5 p.m.

John Bapst Gym

What to bring: sneakers, workout clothes, water bottle

Athlete/Parent Meeting: Tuesday, November 21 7 p.m.

Swimming/Diving

Zach Steigert, Head Coach

19zsteigert@gmail.com

First Activity:

Monday, November 20 2:45-4:15 p.m.

Bangor YMCA

What to bring: swimsuit, towel, goggles, sandals, water bottle

Athlete/Parent Meeting: Monday, November 20 8 p.m.

Girls Basketball

Marisa Kelley, Head Coach

mkelley@johnbapst.org

First Activity:

Monday, November 20 2-4 p.m.

Darling Center Gym

What to bring: sneakers, workout clothes, water bottle

Athlete/Parent Meeting:

Monday, November 28 8 p.m.

Note: The entire schedule for the first week will be published in the first Weekly Memo of the winter season by Friday, November 17.

Game/Competition schedules will be shared during the week of November 20, and at the Athlete/Parent Meetings for each sport.

Please direct any questions to the coaches listed or to the Athletic Director at doconnell@johnbapst.org.