



## 2023 Spring Sports Weekly Athletic Schedule (3/20 to 3/24)

Date	Team	Event	Location	Time	Bus
<b>Monday, 3/20</b>					
	Sport	Activity	Location	Time	Transportation
	Varsity Baseball	Arm Conditioning	John Bapst Gym	5-7pm	
	JV Baseball	Arm Conditioning	John Bapst Gym	5-7pm	
	Lacrosse				
	Varsity Softball	Arm Conditioning	John Bapst Gym	3-5pm	
	JV Softball	Arm Conditioning	John Bapst Gym	3-5pm	
	Varsity Tennis				
	JV Tennis				
	Track and Field				
<b>Tuesday, 3/21</b>					
	Varsity Baseball	Arm Conditioning	Husson	6-7:30pm	
	JV Baseball	Arm Conditioning	Husson	6-7:30pm	
	Lacrosse				
	Varsity Softball	Arm Conditioning	Sluggers	2-4pm	
	JV Softball	Arm Conditioning	Sluggers	2-4pm	
	Varsity Tennis				
	JV Tennis				
	Track and Field				
<b>Wednesday, 3/22</b>					
	Varsity Baseball	Arm Conditioning	John Bapst Gym	3-5pm	
	JV Baseball	Arm Conditioning	John Bapst Gym	3-5pm	
	Lacrosse				
	Varsity Softball	Arm Conditioning	Sluggers	2-4pm	
	JV Softball	Arm Conditioning	Sluggers	2-4pm	
	Varsity Tennis				
	JV Tennis				
	Track and Field				
<b>Thursday, 3/23</b>					
	Varsity Baseball	Arm Conditioning	John Bapst Gym	5-7pm	
	JV Baseball	Arm Conditioning	John Bapst Gym	5-7pm	
	Lacrosse				
	Varsity Softball	Arm Conditioning	John Bapst Gym	3-5pm	
	JV Softball	Arm Conditioning	John Bapst Gym	3-5pm	
	Varsity Tennis				
	JV Tennis				
	Track and Field				



**2023 Spring Sports  
Weekly Athletic Schedule (3/20 to 3/24)**

Friday, 3/24	Sport	Activity	Location	Time	Transportation
	Varsity Baseball	Arm Conditioning	John Bapst Gym	4-6pm	
	JV Baseball	Arm Conditioning	John Bapst Gym	4-6pm	
	Lacrosse				
	Varsity Softball	Arm Conditioning	Sluggers	2-4pm	
	JV Softball	Arm Conditioning	Sluggers	2-4pm	
	Varsity Tennis				
	JV Tennis				
	Track and Field				
Saturday, 3/25					
	Varsity Baseball	OFF			
	JV Baseball	OFF			
	Lacrosse				
	Varsity Softball	OFF			
	JV Softball	OFF			
	Varsity Tennis				
	JV Tennis				
	Track and Field				