

Winter Sports

Girls Basketball

Coach: V – Michael Webb
Contact: mikewebbhd@yahoo.com

JV – Andy Frace
afrace@sad22.us

F – Ashley Freeman
Ashley.e.freeman@umit.maine.edu

Home Location: Bangor Auditorium – V & JV
U.C.B. Gymnasium - Freshman

The girl's basketball teams compete in Class B.

Boys Basketball

Coach: V – Rick Sinclair
Contact: rsinclair@johnbapst.org

JV – Adam Grant

F – Sean Smith
Gcc207@hotmail.com

Home Location: Bangor Auditorium – V & JV
U.C.B. Gymnasium - Freshman

The boy's basketball teams compete in Class B.

Basketball Cheering

Coach: V – Rebecca Bennett
Contact:

Asst. – Sheila Toomey

Cheering is open to both male and female students at the varsity and junior varsity level. They compete in Class B at the PVC, Big East, and regional competitions.

Ice Hockey

Coach: Head Coach – Greg Stone
Contact: ggrstone@gmail.com

Assistant – Meghan MacDonald

Assistant - Josh Lander

Home Location: Sawyer Arena

The ice hockey team is open to both male and female students. They compete in Class B.

Indoor Track

Coach: Joe Capehart
Contact: grisham1916@hotmail.com

Home Location: University of Maine Fieldhouse

Indoor track competes in Class B. It is open to both male and female students.

Wrestling

Coach: Joe Bowen

Home Location: John Bapst Auditorium

Wrestling competes in Class C and is open to both male and female wrestlers.

Skiing

Coach: Nordic - Jeff Libby
Contact: downdraft22000@yahoo.com

Contact: Alpine – Ken Beland
belandkf@roadrunner.com

Home Location: Hermon Mountain

The ski team is open to both male and female students. John Bapst competes in both Alpine (Slalom and Giant Slalom) and Nordic (Classical and Freestyle) events.

Swimming & Diving

Coach: Gary Isherwood
Contact: ish347@roadrunner.com

Assistant – Heather Rushmore
Heathermcleod22@msn.com

Diving – Justin Bergeron
charlesb@msn.com

Home Location: Bangor/Brewer YWCA

The swim teams compete in Class B. The separate teams for males and females share the same coaching staff.