

## **John Bapst Memorial High School Athletic Philosophy**

The athletic program at John Bapst Memorial High School offers a wide variety of activities for both male and female students. These activities are recognized as an integral part of the educational process that John Bapst supports and offers within the limitations of budgets, staff, equipment and facilities.

Our goals are as follows:

1. To promote character and leadership
2. To promote physical and mental fitness
3. To promote opportunity for recreational pursuits
4. To promote athletic excellence through instruction and competition

Athletes are given an opportunity to experience the need for emotional control, to think quickly, and to act appropriately while under the pressure of competition. Emphasis is placed on providing a wholesome atmosphere around which school loyalties may be rallied and school spirit developed. Interacting in a social group setting and learning to contribute with an established system of rules and regulations will help students develop responsibility to oneself and the group.

Qualities such as discipline, pride, dedication, punctuality, and the ability to win and lose with grace will permeate the students' lives and enable them to be future leaders in society.

All students who participate in the athletic program, in whatever capacity, and fulfill the requirements receive recognition at school awards gatherings.

Immediate responsibility for instruction, supervision, and guidance in the area of athletics rests with a qualified coach handling each activity, observed and evaluated by the Athletic Director.